

How Comfortable Are You with Conflict?

- 1. When confronted with a potential conflict, do you:
 - A. Try make sure the other person does not get upset.
 - B. Take a problem-solving approach where all sides figure out what we can agree on and what we are willing to give up.
 - C. Make sure others know your views.
 - D. Prefer a "give and take" solution to problems where both sides make adjustments.
 - E. Stall in order to take some time to think about problems before approaching them.
- 2. In a conversation, do you:
 - A. Know what you want and I go for it.
 - B. Prefer to talk about problems directly.
 - C. Prefer to figure out what the fairest outcome would be from everyone's perspective.
 - D. Hold back and let others figure out how to resolve the conflict.
 - E. Focus on similarities rather than differences in views.
- 3. In the midst of conflict, do you:
 - A. Aim to convince others that you are right.
 - B. Prefer to discuss problems openly so that they can be worked out right away.
 - C. If the other person can agree to disagree, I can do the same.
 - D. Try to pay attention to the other person's opinions when we are working out problems.
 - E. Keep my views to myself in order to avoid conflict.
- 4. During a potentially confrontational conversation:
 - A. I tell others when something is wrong so that we can work together to make it right.
 - B. I try to make sure others understand my reasoning and why I am right.
 - C. I'm willing to give up my own views if it will help the other person feel better.
 - D. I try to find a way for different sides to meet half-way in a conflict.
 - E. I feel that sometimes conflicts are better left not discussed.
- 5. My philosophy about confrontations is:
 - A. I like to resolve problems through negotiating.
 - B. I try to make sure everyone's concerns are addressed.
 - C. I want everyone to walk away happy.
 - D. I aim to get what I want.
 - E. I like to avoid uncomfortable situations when possible.

This quiz is based on the TKI instrument, published by CPP, Inc



- 1. When confronted with a potential conflict, do you:
 - A. = **A**
 - B. = **E**
 - C. = **C**
 - D. = **D**
 - E. = **B**
- 2. In a conversation, do you:
 - A. = **C**
 - B. = **E**
 - C. = **D**
 - D. = **B**
 - E. = **A**
- 3. In the midst of conflict, do you:
 - A. = **C**
 - B. = **E**
 - C. = **D**
 - D. = **A**
 - E. = **B**
- 4. During a potentially confrontational conversation:
 - A. = **E**
 - B. = **C**
 - C. = **A**
 - D. = **D**
 - E. = **B**
- 5. My philosophy about confrontations is:
 - A. = **D**
 - B. = **E**
 - C. = **A**
 - D. = **C**
 - E. = **B**

Кеу

Accommodator – A Avoider – B Competitor – C Compromiser – D Problem Solver - E